WELCOME TO MIZZOU.

The University of Missouri is an Equal Employment Opportunity employer. We have created this handout specifically for university staff and faculty with disabilities to ensure all employees have opportunity to access all facets of campus.
Adaptive Computing Technology Center  
actcenter.missouri.edu  
The ACT Center helps ensure equal access to computing opportunities, providing assistive technology, alternative formats, web accessibility and workstation ergonomics, and takes into account each individual’s capabilities and limitations.

Campus Accessibility Map  
accessibilitymap.missouri.edu  
The campus accessibility map highlights accessible and automatic entrances; ramps, elevators and chair lifts; curb cuts and crosswalks; barrier free sidewalks; stairs on walkways and accessible parking.

Committee for Persons with Disabilities  
committees.missouri.edu/persons-with-disabilities  
The Committee for Persons with Disabilities advises university leaders on MU programs, services and policies that affect students, faculty, staff and visitors with disabilities. The committee also reviews applications for funds related to projects designed to improve the campus experience of persons with disabilities and makes recommendations about the disbursement of these funds.

Dietary Needs  
dining.missouri.edu/dietary-needs  
Campus Dining Services strives to provide choices at every location that can meet a wide variety of dietary practices, restrictions and food allergies. If you have a specific concern or question about what is available, please request a consultation.

Disability Center  
disabilitycenter.missouri.edu  
The Disability Center supports all students who need accommodations, from undergraduate to graduate students and even those not seeking a particular degree. This includes you if you’re using your educational benefits to take classes at Mizzou.

Employee Assistance Program  
www.umsystem.edu/totalrewards/benefits/eap  
The Employee Assistance Program (EAP) is a free, confidential, professional service for employees, their dependents, and organizational work units. The EAP provides a variety of services to help employees influenced by a range of personal or professional stressors.

Mizzou Libraries  
library.missouri.edu/personswithdisabilities  
Mizzou Libraries offer a variety of services to persons with disabilities designed to enhance their ability to use our libraries fully and independently.

Office of Accessibility and ADA  
ada.missouri.edu  
The Office of Accessibility and ADA assists with workplace accommodations for faculty and staff. It assists with resolving accessibility issues in all aspects of campus life. The office works to proactively promote an accessible community at Mizzou where all people with disabilities have equal opportunity.

Office of Human Resources  
myhr.umsystem.edu  
The Office of Human Resources invites employees to self-identify in myHR information regarding race, disability or protected veteran status. Self identification and more information is available at My Personal Details tab > Ethnic Groups, Disability or Veteran Status in the left-hand menu. Self identification is strictly voluntary and confidential.

TAO App  
www.taoconnect.org  
Therapy Assistance Online (TAO) features interactive activities that use evidence-based content to address common presenting concerns. Users can track their progress and have access to logs and journals, secure videoconferencing, and 20+ mindfulness videos. TAO is available to students, faculty and staff at no cost.

Zoutrition  
zoutrition.missouri.edu  
Zoutrition is an online tool that helps you make wise choices to meet your nutritional goals when dining in Campus Dining Service locations. You will find this tool helpful in identifying and selecting well-balanced meals, confirming the nutritional content of your food choices, identifying possible allergens and food intolerances, and selecting preferences for specific types of diets such as vegetarian or vegan.